



POINCIANA SEASIDE RESORT & RETREAT CENTRE

Still *Bali*

*A seven-day wellness immersion
for retreat groups*



TEJAKULA · NORTH BALI



Your programme leads. North Bali holds the week.



THE IDEA

Your programme. *Our layer of care.*

Still Bali is designed for retreat leaders who want their programme to be held by a complete environment, not just hosted by a resort.

Your sessions remain the centre of the week. Around them, Poinciana adds nourishment, body care, Balinese cultural experience and the quiet rhythm of North Bali, so the retreat feels coherent from morning practice to evening by the sea.

Nourishment. Body care. *Balinese culture & ritual.* Place.

These are the four layers Still Bali brings to your retreat. They do not compete with your programme. They run alongside it, in the spaces between sessions, in the free afternoons, in the evenings by the sea.

Food that is clean, local and prepared with intention. Treatments selected to follow the rhythm of the week, rather than offered as isolated spa appointments. Ceremonies and cultural experiences that are part of daily life in North Bali, offered with care and respect. And the quiet presence of Tejakula itself, a slower stretch of the Bali coast, far from the pace and density of the south.

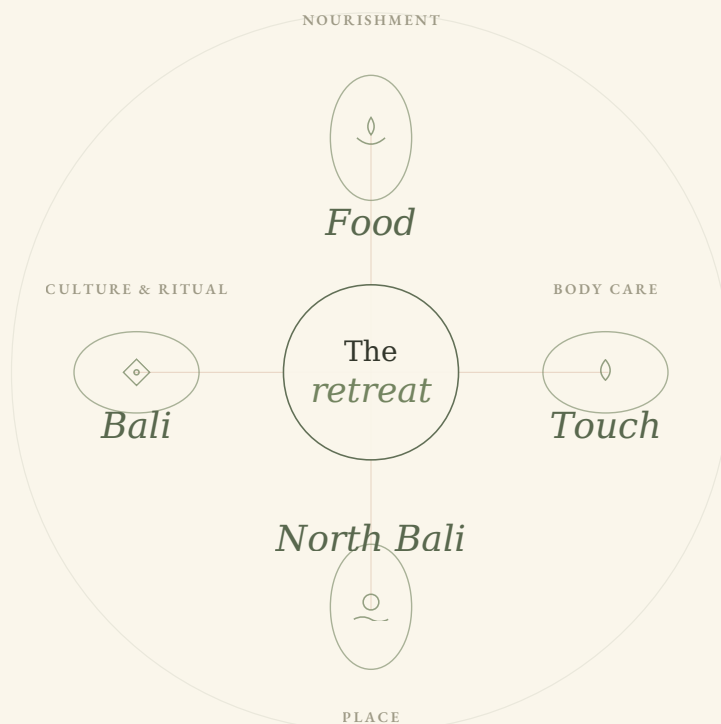
*Your retreat remains the centre.
Still Bali is built around it.*



HOW IT HOLDS TOGETHER

One week, woven together

The leader's programme stays at the centre. Four layers move around it through the week, held together by the place itself.



Nothing runs in parallel. Everything is woven, day by day.

The week


The sequence shows the natural flow. Exact timings are adapted around your retreat schedule.


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- 01** ✦ **Arrive & Settle**
Canang Sari making with the local team. A first dinner together by the sea. The Longevity Menu begins.
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- 02** ⤵ **Open**
Balinese Massage and Natural Body Scrub, 90 minutes. The body settles into the week.
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- 03** ⚙ **Deepen**
Warm Stone Massage, 60 minutes. Melukat purification ceremony at the property, conducted by the local priest at sunset.
- The Melukat is a Balinese Hindu ritual of purification using holy water, flowers and offerings, conducted by a local priest. Before arrival, Poinciana shares a cultural briefing with the retreat leader so they can prepare their group and allow each participant to arrive with their own intention.*
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- 04** ✨ **Integrate**
Warm Oil Aromatherapy Massage, 60 minutes. Flower Mandala in the afternoon. A day designed to absorb what arrived the day before.
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- 05** 🔍 **Expand**
Ponjok Batu Sea Temple, a short drive along the North Bali coast. A blessing from the temple priest. The group returns in time for the afternoon.
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- 06** ⤵ **Restore**
Cleopatra's Rose Deluxe Facial, 90 minutes. A restorative treatment before departure, designed as a final gesture of care. An evening free by the sea.
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- 07** ⤴ **Return**
Foot and Leg Massage, 45 minutes, for those whose departure schedule allows. Closing tea together before the week ends.
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WHAT IS INCLUDED

Held in *four layers*

 **Nourishment** The Longevity Menu for seven days. Plant-based, gluten-free, dairy-free and refined sugar-free, built around local North Bali ingredients.

 **Body care** Four core spa treatments across the week: Balinese Massage and Body Scrub, Warm Stone Massage, Warm Oil Aromatherapy Massage, Cleopatra's Rose Deluxe Facial. Plus an optional Foot and Leg Massage on departure day when schedules allow.

 **Culture & ritual** Canang Sari making session with the local team. Melukat purification ceremony with the local priest. Flower Mandala afternoon. Ponjok Batu Sea Temple visit with transport. Closing tea.

 **Coordination** Pre-arrival scheduling with the retreat leader. Coordination of spa slots, ceremony timing and group communication. Full adaptation around the leader's programme throughout the week.

STILL BALI PACKAGE RATE

Per participant	IDR 9,000,000
Tax & service charge	15%
TOTAL PER PARTICIPANT	IDR 10,350,000

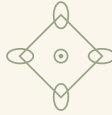
Accommodation and the retreat leader's own programme are quoted separately. Best suited for retreat groups of 10 to 20 participants.



HOW TO BOOK

Built *together*

Still Bali is available exclusively for retreat groups hosted at Poinciana. To include it in your programme, speak with your Poinciana retreat coordinator. We will build the week together before your group arrives.



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North Bali holds the week.*

Poinciana Seaside Resort & Retreat Centre

Tejakula · North Bali

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