POINCIANA SEASIDE RESORT
& RETREAT CENTRE

Activities & Excursions

Whatever experience you are looking to create, we are here to help you. Poinciana has a wide range of activities, excursions & day trips that can be fully customized.

Bali is a sensory experience

Whether you are looking to experience the sights, sounds, smells and tastes of the island, looking to connect with Bali's spiritual side, wanting to discover Bali off the beaten track, or yearning for a wild adventure to take on the challenges that Bali has to offer, we can help you find the perfect activities to complement your stay at Poinciana.

Of course, if you simply desire a relaxing time to get back in touch with yourself, de-stress and do nothing but relax in a lush, tropical environment that offers peace & tranquility, we are happy to leave you to your own devices.

On site, at Poinciana

These are just some of the activities we can arrange for you here, on-site at Poinciana:

Balinese Offering Making Class

Discover the meaning behind Bali's beautiful daily offerings and create your own canang sari from fresh flowers, palm leaves and incense, guided by our local Balinese team.

RP 250,000 / PERSON

Balinese Cooking Class

Learn to prepare traditional Balinese dishes using fresh local ingredients and authentic recipes, from grinding spices to the final plate + Local Fruit Tasting.

RP 450,000 / PERSON

Balinese Dance Lesson

Learn the graceful hand movements, expressive eyes and rhythmic steps of traditional Balinese dance with a local instructor. No experience needed.

RP 300,000 / PERSON

Traditional Fishing

Head out to sea on a traditional jukung boat right from Poinciana beach and learn local fishing techniques while enjoying the calm waters of the North Bali coast.

RP 600,000 / PERSON

Melukat Ceremony

The Melukat is one of Bali's most profound spiritual practices, a water purification believed to cleanse body, mind and spirit. Led by a local Balinese priest at Poinciana, participants are guided through prayers and blessed with holy water in a gentle, moving ceremony. A powerful way to open or close a retreat.

1 TO 4 GUESTS: RP 2,500,000 FOR THE CEREMONY
5 TO 9 GUESTS: RP 500,000 PER PERSON
10 OR MORE: RP 460,000 PER PERSON

Welcome Ceremony on the Beach

Begin your retreat with a traditional Balinese welcome ceremony on the beach. Led by a local priest, this blessing sets an intention for the days ahead and helps your group arrive not only physically but energetically. A quiet way to mark the beginning of your time together.

1 TO 4 GUESTS: RP 1,400,000 FOR THE CEREMONY
5 TO 9 GUESTS: RP 300,000 PER PERSON
10 OR MORE: RP 275,000 PER PERSON

Flower Mandala

A flower mandala created by our team using fresh tropical flowers and leaves. These designs transform the workshop space and set an intention for the day, whether yoga, breathwork, meditation or dance, and work equally well for ceremonies and group rituals. Please order at least one day in advance.

RP 200,000 / MANDALA

Bonfire with Flower Mandala

An evening gathering on the beachfront lawn. A bonfire is set within a handcrafted flower mandala made from fresh tropical blooms, with the sound of the waves and the firelight as a backdrop for sharing, fire rituals, dancing or closing ceremonies. One of the most popular activities among retreat leaders.

RP 1,000,000 / GROUP

Balinese Chanting Experience

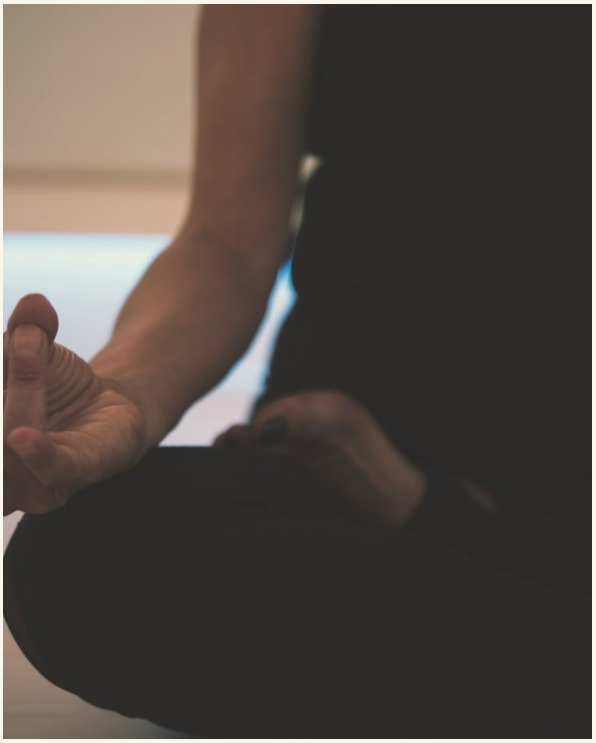
An authentic and soulful Balinese cultural experience that invites guests to slow down, breathe, and connect with the spiritual essence of Bali. Through traditional Balinese chanting, mindful breathing, and gentle guidance, guests are introduced to the beauty of Balinese sacred sounds while cultivating a deeper sense of peace, presence, and inner connection.

RP 175,000 PER PERSON · MINIMUM BOOKING 10 PEOPLE

Yoga & Mindful Movement

A serene 60-minute wellness experience designed to reconnect the body, breath, and mind. Guests will be gently guided through mindful yoga movements, conscious breathing, and deep relaxation, creating a beautiful sense of balance, calm, and inner harmony. Suitable for all levels, including beginners.

RP 175,000 PER PERSON · MINIMUM BOOKING 10 PEOPLE



Sunrise Boat Trip

Take a traditional jukung (boat) to join the dolphins for a spectacular sunrise off the North Coast. Spotted dolphins, spinner dolphins and bottle nosed dolphins are among the species in the area. It's a 5.30am start right from the beach at Poinciana. Return time is before breakfast, so it leaves the rest of the day free for other activities.

RP 450,000 / PERSON

Close to the resort

We have several excursions in the area that can be done either in the morning or in the afternoon, or as a combination for a whole day excursion.

Ponjok Batu Temple

Located in the village of Pacung, approximately 25 minutes west of Poinciana, this sacred temple is entirely made of stone and situated on a clifftop overlooking the sea. Built in the 16th century, Ponjok Batu temple is one of Bali's seven sacred sea temples. During its renovation in 1995, a sarcophagus believed to date back to 300BC, was discovered at the site.

RP 450,000 / PERSON

COMBINED WITH THE BALINESE OFFERING MAKING CLASS · RP 650,000 / PERSON

Yeh Mampeh Les Waterfall

A 2km hike takes you through plantations and jungle to experience the power of this natural wonder. Though it's not deep enough to swim, it's one of the few waterfalls in Bali you can stand under. So bring your bathing suit and a camera. As it's also one of the lesser-known waterfalls in Bali, you are likely to be the only ones there.

RP 400,000 / PERSON

INCLUDES ADMISSION, CANANG SARI OFFERING, CHOCOLATE AND SMOOTHIE AT WARUNG RA (SARONG REQUIRED)

Muntigunung Trekking

Come and discover the Bali wilderness and help the community at the same time. The Eco trekking project was created to help the 35 communities be self-sustainable in an area of the island that is drought stricken for 8 months of the year and unsuitable for development or agriculture. If you're looking for an eco-tour, this is it.

ON REQUEST

GOOD TO KNOW

All activities and excursions must be booked 24 hours in advance. If there is something you want to do that you don't see here, come and talk to us to find out how we can customize your Bali experience.

AIRPORT TRANSFER

To and from Ngurah Rai International Airport, private car with driver.

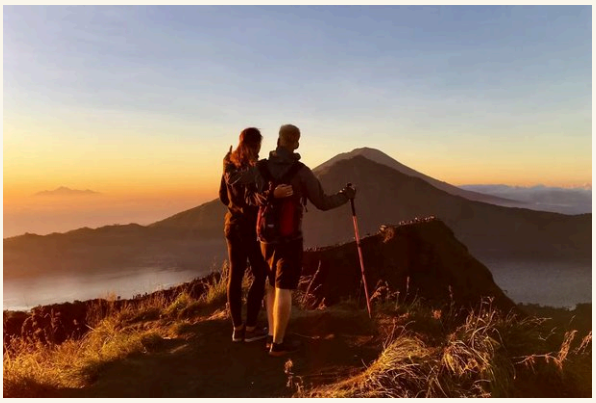
RP 1,200,000 / VEHICLE, EACH WAY, MAX 3 PEOPLE

Prices may change, please confirm at reception.

Across the island

We have a wide range of tours that can be done with a start or end point from anywhere on the island. All day tours are 6-8 hours unless otherwise noted. For more information, pricing and to find out how we can fully customize a day tour for you, come to reception.

Day tours must be booked at least 8 hours in advance unless otherwise noted. Please note an extra 100k per hour will be charged after 8 hours.



Batur Volcano Trek

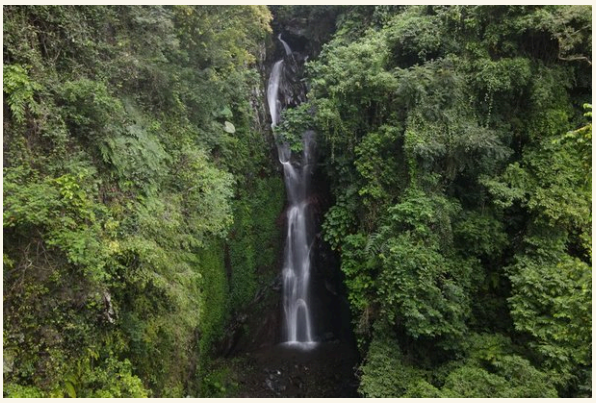
Trek up the volcano with an experienced guide to watch the sun rise over the stunning landscape. Leave the resort at 2:00am.

RP 2,400,000 / VEHICLE, MAX 2, INCLUDES TRANSPORT & GUIDE

Bedugul Tour

See Git-Git waterfall and visit the Bedugul traditional market, also known as the Gunung Bedugul Temple Market, with its fruit and vegetables provided by local farmers in the area. Then it's on to see the Pacung rice terrace and stop for lunch (not included). The last stop is Pura Ulun Danu, named after the water Goddess Danu, and also known as the floating temple.

RP 1,300,000 / VEHICLE, MAX 3 PEOPLE



Water Palace Tour

Completed in 1919 by the last King and destroyed by a Mt. Agung eruption, the Ujung Water Palace was rebuilt in 2004 and overlooks beautiful gardens and the Lombok Strait. The same King built Tirta Gangga, which enables visitors to walk through the water gardens on stepping stones. There is a separate pool for bathing and swimming in the holy spring water. Lunch (not included) can be arranged before or after the visit to Tirta Gangga in one of the surrounding restaurants or warungs (local restaurants).

RP 1,400,000 / VEHICLE, MAX 3 PEOPLE

Munduk Tour

Explore Bali at higher altitude and take a scenic drive through traditional villages to soak up the breathtaking landscape of the Munduk area. You will also visit Munduk waterfall and have the chance to marvel at the beauty & engineering of the spectacular rice terraces that Bali is famous for.

RP 1,400,000 / VEHICLE, MAX 3 PEOPLE

Ubud Tour

The Ubud tour starts with a tour of the coffee plantation and your chance to experience 'Kopi Luwak,' the most unique coffee in the world. Then you'll go to Tegallalang rice terraces, followed by the famed Ubud monkey forest, then a stop at the Ubud market for some shopping or browsing.

RP 1,400,000 / VEHICLE, MAX 3 PEOPLE

Brahmavihara-Arama Monastery & Hot Springs

Brahmavihara-Arama is the largest Buddhist monastery in Bali, set in the hills above Banjar on the north coast, about ninety minutes west of Poinciana. Founded in the 1970s, it was built as a place for meditation and practice and remains a working monastery, with terraced gardens, a stupa and quiet views down to the sea. About ten minutes away are the Banjar hot springs, sulphur pools long used by the local community for bathing and rest. Many visitors pair the two: time in the monastery grounds, then a soak in the warm water. Lunch (not included) can be arranged along the way.

RP 1,350,000 / VEHICLE, MAX 3 PEOPLE

BOOKING

Day tours must be booked at least 8 hours in advance unless otherwise noted.

LONGER DAYS

Please note an extra 100k per hour will be charged after 8 hours.

Reef

Explore the underwater world of North Bali with dives arranged through a certified local dive partner. Bookings, equipment and safety briefings are handled directly by their team.

Introductory Dive

RP 1,630,000

Perfect for first-time divers. A short theory session and pool training come first, then your first open water dive with a professional PADI instructor.

Includes: knowledge development, pool training session, one open water dive.

Fun Dive

RP 910,000

Explore colourful coral reefs, tropical fish, turtles and Bali's marine life.

Night Dive

RP 1,450,000

Experience the reef after sunset, as nocturnal marine life comes to life.

Wreck Dive

RP 2,890,000

Package 1, Double Wreck Dive, Rp 2,890,000: USAT Liberty Wreck, Boga Wreck.

Package 2, Wreck Dive & Tulamben Drop Off, Rp 2,890,000: USAT Liberty Wreck, Tulamben Drop Off.

PADI courses

Open Water Diver

RP 7,220,000 · 3 DAYS

The world's most popular scuba certification. Classroom sessions, confined water practice and open water dives, certifying you to dive anywhere in the world to a maximum depth of 18 metres.

Advanced Open Water Diver

RP 7,220,000 · 3 DAYS · 5 ADVENTURE DIVES

Deep diving, underwater navigation and other adventure dives to build confidence and skills.

Deep Diver Specialty

RP 5,780,000 · 2 DAYS · 4 DIVES

Proper planning, safety procedures, gas management and technique for dives up to 40 metres.

Nitrox (Enriched Air) Course

RP 2,710,000 · APPROXIMATELY 1.5 HOURS

Diving with enriched air for longer no-decompression limits and shorter surface intervals.

There's always more to discover

This is just a taste of what Bali has to offer. Whatever experience you're dreaming of, our team is here to help you create it. Simply visit reception or text to WA and let us know, we love making things happen.

Your Poinciana family